## FIT TO WORK CERTIFICATE

Name & Surname:	
Date of Birth:	ID/Passport No:

Please provide details/numbers for:	Blood type:
	Blood pressure:
	Pulse:
	BMI:
Electrocardiogram (ECG)	Please provide information here:
For applicants over 45 years	
Other comments	Please state comments here:

On the basis of the signed Medical Declaration [ANNEX I] and the medical examination which I carried out on /////, hereby I certify that the above-mentioned person has been found to be in good health, without any medical limitations and therefore medically fit to travel and work abroad for an international mission, possibly in a post-conflict environment, that may present the following characteristics:

- Tropical weather conditions (high temperatures/humidity) or cold dry weather conditions
- High altitude
- Work under stressful situations which may involve long working hours
- Mosquito borne diseases
- Water-borne diseases
- Limited dietary choices
- Basic amenities available

Doctor' Name & Surname:

Signature & Stamp:
Date & Place:
Email: Tel:

## **MEDICAL DECLARATION**

[to be filled by the involved person]

Do you suffer from or have you ever suffered from, had symptoms of, been examined for or been treated for any of the following ailments, or anything related to them? Consider the examples as help - they do not cover all conditions. Any other symptoms or ailments must also be stated, and a clarification and further details should be written on the last page.

Diabetes, metabolic diseases, respiratory diseases,	If yes; what and when:		
gastrointestinal diseases, and diseases of the			
musculoskeletal system	What was the outcome of the treatment?		
		nt ongoing, completed or	
	recurrent?		
Cardiac and circulatory diseases	Yes:	No:	
	If yes; what ar	nd when:	
Blood clots, pain/tightness in the chest, high blood			
pressure, varicose veins, phlebitis, swollen ankles,	What was the	outcome of the treatment?	
heart rhythm disorders, pacemaker, elevated			
cholesterol. Other cardiovascular disorders	Is the treatment ongoing, completed or		
	recurrent?		
Cancer, other tumors/growths, immune system-	Yes:	No:	
related disorders	If yes; what ar		
	ii yes, wiiat ai	ia when.	
Any type of cancer or cancer precursor/suspected	What was the outcome of the treatment?		
cancer. Polyps in the bowel, benign			
tumors/growths	Is the treatment ongoing, completed or		
	recurrent?		
Neurological disorders	Yes:	No:	
	If yes; what and when:		
Epilepsy, migraine and headache disorders,			
multiple sclerosis, stroke, alcohol-related	What was the	outcome of the treatment ?	
disorders, dementia, brain injury, infections and			
genetic diseases, Parkinson's disease, chronic pain	Is the treatment ongoing, completed or		
and other neurological	recurrent?		
Psychiatric and behavioral disorders	Yes:	No:	
	103.		
Nervousness, anxiety, psychosis, depression,			
mania, insomnia, or disorders related to addiction	If yes; what ar	nd when:	
to alcohol or drugs, or other addictions. Dementia.			
Developmental and behavioral disorders,	What was the outcome of the treatment ? Is the treatment ongoing, completed or		
compulsive behaviors (ADHD, OCD, etc.). Other			
psychiatric disorders and symptoms?			
	recurrent?		
Alcohol and intoxicating substances/narcotics(?)	Yes:	No:	
	103.	110.	

Have you at any time for a period of more than six months, consumed more than 14 units of alcohol (men)/ 7 units of alcohol (women) per week? Have you at any time for a period of more than six months used intoxicating substances?		
Allergies	Yes:	No:
	If yes, what kind?	
Drugs, Foods, Other		
Do you presently take any kind of medicine	Yes:	No:
	lf yes, what kir reason:	nd of medicine and for what
Previous hospital admissions	Yes:	No:
	If yes; for what and when? If yes, is the treatment ongoing or are you cured?	
Other remarks	Please state co	omments here:

I, the undersigned, hereby declare that:

- All information provided in this Medical Declaration Form is correct to the best of my knowledge, and that no information concerning my past or present health has been withheld;
- This medical declaration has been provided to my physician prior to obtaining the Fit to Work Certificate;
- In the event of apparent change of my medical condition, I understand that I am obliged to update my fit-to-work certificate.

Name & Surname:		
Date of Birth:	ID/Passport No:	
Signature:		
Date and Place:		